

Amendments to the Specification:

Please replace the paragraph starting at page 10, line 18 of the specification with the following amended paragraph:

FIG. 3B shows a perspective view of the energy absorbing structure 311. Energy absorbing structure 311 may include a pair of three-dimensional textile panels 313, 315 with an interface sheet 317 interposed therebetween. Each textile panel 313, 315 is made from non-woven fabric materials impregnated with thermoplastic matrix materials according to the exemplary embodiments of the present invention as described above and has a generally planar base 319 with a plurality of projections 321 ~~317~~—extending therefrom.